Activity Summary

Students write a journal entry using the song “Be Me” as inspiration.

Lesson Plan

1. Print the second page of this activity for all students.
2. Ask your students to reflect on the song “Be Me” and its positive message.
3. Tell your students they will do a free writing exercise and they can write as much as they want, and they do not need to focus on errors.

Online Tip

Students can easily do this task online or at home using a journal.

This activity can be modified in various ways. Students can use this as a formal writing prompt, they can give a short talk in class on this subject, or they can discuss this question in small groups.
Journal Activity in response to “Be Me” by Black Alley.

Write about a time that you decided that you made a positive change in your life. Did your friends and family support this change?