

Feelings

I have many different feelings and they are different  
Because sometimes I feel like an animal,  
Sometimes I feel like an idiot  
But many times I feel so happy  
Because this is me  
And this are my feelings  
I must know how to control them  
Know what is giving me a kind of feeling  
So that I don't have to do such a thing  
Because I know when I do it  
It changes my feelings  
And it changes my feelings into a feeling  
That I don't like because it hurt me.  
The feelings are different  
Like a stage when a person grows up  
from being a baby to an adult person.  
Feelings!  
Are different.

From Access South Africa