

M'bambatt (Wrestling)

Every night we lit fire in the middle of Dîngîral,
Around which gather all the youth of the village.

Form groups of wrestlers.

Each group doing a good allowance, seeing reward.

Are also attended by young girls.

Wrestlers “ndaalas” “are colorful.

Strong supporters cheer

Before the fight, each group boasts show sits strength

Sketch rhythmic dance steps on the rhythm of drums.

Matches torsos wrestlers are dotted.

Each wrestler believes detain the best marabout, remains hopeful of winning.

As congratulations, we chanted banners,

Scarves followed by yells.

Wrestling is a sport, not only it hardens the body

But it also brings unites young people.

Aly from Mauritania